

TRY SHOTOKAN KARATE

**WOODLANDS COMMUNITY
SPORTS HALL**

FALKIRK, FK1 1QE
Monday & Friday
6pm-7pm Kids & Adults

**BEANCROSS & NEWLANDS
COMMUNITY HALL**

GRANGEMOUTH, FK3 8QR
Wednesday
6pm-7pm Kids & Adults

ST MUNGO'S RC HIGH SCHOOL

FALKIRK, FK2 7JT
Tuesday & Thursday
6:30pm-7:30pm Kids
7:30pm-8:30pm Adults



JOIN NOW!

**FREE
KARATE UNIFORM
WHEN YOU JOIN!**

FIRST 2 LESSONS FREE



WWW.SHOSHINKARATE.CO.UK TEL: 07793-681824